



# HAPPY HUSTLE™

## BLISSFUL BALANCER

**BALANCE = HAPPINESS**

WEEK OF: \_\_\_\_\_

PERSONAL GOAL OF THE WEEK \_\_\_\_\_

THIS WEEK'S MESSAGE TO MYSELF \_\_\_\_\_

PROFESSIONAL GOAL OF THE WEEK \_\_\_\_\_

\_\_\_\_\_

10 ALIGNMENTS	ACTION TASK	M	T	W	T	F	S	S	SCORE
<b>SELFLESS SERVICE</b>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b>OPTIMIZED HEALTH</b>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b>UNPLUG DIGITALLY</b>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b>LOVING RELATIONSHIPS</b>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b>MINDFUL SPIRITUALITY</b>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b>ABUNDANCE FINANCIALLY</b>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b>PERSONAL DEVELOPMENT</b>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b>PASSIONATE HOBBIES</b>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b>IMPACTFUL WORK</b>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b>NATURE CONNECTION</b>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Add up daily X's for total weekly Alignment score. Prioritize change accordingly. Score rubric: 7!=Ultimate Happy Hustler, 6=Happy Hustler, 5=A, 4=B, 3=C, 2=D, 1=F